Your Story Exercise

List out some of the times when God has actively been present and working in your life.

Can you think of a moment where you met Christ and it changed your life forever? A moment where your family's faith became your faith? Where you took up the faith and made Jesus your own Lord and Savior? Or, can you think of smaller moments, where Christ revealed more of himself to you or you rededicated yourself to Jesus in a new, stronger, more dedicated way? Basically, how did you come to know Christ and see him work? What were the circumstances and why was this significant?

Event/Season of Life	Before	God's Action	After
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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Summarize how God has worked in your life. Tell your story in a paragraph.

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Using all the things you have reflected upon on the front page, create a quick response to the following prompt that could be answered in the time it takes to ride an elevator with someone.

You are talking with a friend who doesn't really have faith or practice a religion, but they know you are Catholic and involved in your church. They ask, "Why are you a Christian/Catholic?"

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