

Session Overview

Meeting 1: Meet and Greet – can be combined with Meeting 2 if time is an issue.

- a. Introduce yourselves and get to know each other
- b. Explain what will happen in the next few sessions
- c. Arrange for the times and dates for your next few sessions, if possible

Meeting 2: Do session 1 of Beloved – can use DVD's or online at Formed.org

- a. Remind them to discuss the couple's questions and do the activity

Meeting 3: Do session 2 of Beloved

- a. Ask about how their couples' activity and maybe questions went – they do not need to share any details of their discussion but you may ask if they learned anything new or had any revelations. Ask what they did for their activity, if it is not too private.

Meeting 4: Do session 3 of Beloved

Meeting 5: Do session 4 of Beloved

Meeting 6: Do session 5 of Beloved

- a. At this meeting you may want to pass out the "Couple's Insert for the M-1 form. Can also pass this out at Meeting 7.
- b. Call or email Tammy to ask for the gift basket given to all couples

Meeting 7: Do session 6 of Beloved

- a. If they return their "Couples Insert", take it but do not go over it.
- b. Pass out Couple's Insert" before they leave if you have not already done so.

Meeting 8: Go over the FOCCUS survey results.

- a. Take answers from "Couple's Insert" if they have not turned it previously
- b. Give them gift basket
- c. Remind them that if they have any questions or concerns that they can always call you
- d.

**Make mental note of wedding date and if possible, attend the ceremony

** Tentatively make plans to get together after the wedding to discuss the day, look at pictures, invite them to Marriage Enrichment event at St. Max, etc.